

## Disaster Education & Drills

*Set people up for SUCCESS!*

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### Teach staff first!

#### ■ Home preparation/plan

Offer Staff...

- Information
- Encouragement
- Incentives (?)



...to be prepared at home!

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### Teach staff first! (Cont'd.)

- Hazard mitigation
- Program's emergency/disaster plan
  - Personal role & responsibilities (before, during, & after)
- Utility control
- Earthquake-safe actions
- Drills
- Calm adults (*usually*) = calm kids

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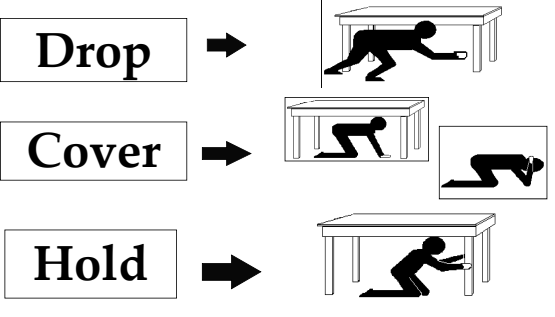
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## How to be Safe in an Earthquake



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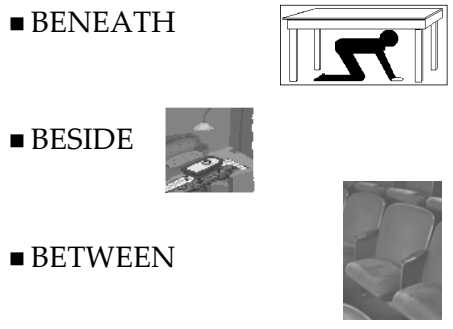
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## Where to be in an Earthquake



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## Kids Need to Know...

- Age-appropriate information about disasters
- How to take an earthquake-safe action



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## Why teach disaster preparation to children?

Because...

- they need to know what to do
- rumors, whispers, and what is left *unsaid* can be scary to children
- each person is an important member of the safety team

*Better Prepared = Less Scared!*

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## Parents/Guardians Need to Know...

- Home preparedness is important
- You will continue to care for their children during a disaster
- Their role on the day of a disaster
  - Communication
  - Getting to the facility
  - Child/family reunion
  - Kids take their emotional cues from adults



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## What the WAC says about drills

In addition to the requirements for fire drills and training set forth by the state fire marshal in [chapter 212-12 WAC](#), you must:

- (a) Document staff education and training of the disaster plan;
- (b) Conduct and document quarterly disaster drills for children and staff (you do not have to conduct a drill quarterly for each potential disaster - just one drill per quarter);
- (c) Keep written documentation of the drills on-site; and
- (d) Debrief and evaluate the plan in writing after each disaster incident or drill.

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## 3 Primary Drills



FIRE

EARTHQUAKE



LOCK DOWN

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## Effective Drills

- Are thought out and planned
- Have a purpose, have objectives
- Rely on prior education; that is, people participating in the drill know what to do!



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## Disaster Drills

“An opportunity to test  
**your plan,**  
*not your people*”

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## Education is the Key to Effective Drills...

Set people up to succeed, **with good planning and training**, you will have allies....

Set them up to fail, **with poor planning and training**, and they may never play with you again...



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## Planning an Effective Earthquake Drill



- Teach everyone how to take quake-safe action
- Teach everyone what is expected of them during the drill (step-by-step may be helpful)
- Answer any questions about drill
- Conduct the drill: “Drop, it’s an earthquake”
- Talk about how drill went & any changes that need to be made to plan

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## Thoughts about Lockdown Drills

- Lenore Rubin, PhD suggests talking to kids about “practicing being together” (instead of using words like “scary” or “dangerous”)
- Educate parents about the drill
  - inability to pick up/drop off during drill
  - what words will be used to discuss lockdown with children
- Doors should be able to be locked from inside
- Window coverings are helpful barriers, if available

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### Child Care Disaster Drill Record

Date of Drill \_\_\_\_\_ Name of Child Care \_\_\_\_\_

Brief Description of Drill

Rooms Participating in Drill

Objectives	Evaluation	Changes to be Made	When Changes Made

Name of Person Organizing Drill \_\_\_\_\_

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## Getting the message across

- Repeat information
- Reinforce information
- Provide plenty of opportunities for physical practice




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## Benefits of Successful Drills

Drills can be fun!!



Drills inspire teamwork!!

Drills help people feel that they **can do it!**



Drills are **the key** to an effective plan

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